

Welcoming The New Year Together

A Look At How We Started
2026 With Joy, Care, And
Meaningful Moments

Newsletter

Trusting people who care



B Walton Road, West
Molesey, KT8 2QG

Jan 2026 Edition

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Sensory And Therapy Sessions

Music, Sensory & Bingo Sessions

Residents enjoyed engaging group activities that encouraged interaction, stimulation, and social connection.

Sensory Stimulation



Creative Arts, Painting & Crafts

Residents engaged in creative activities that encouraged self-expression, focus, and a sense of achievement.

Games, Reading & Communication Activities

Active Engagement

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Health & Support Community Outings



Health & Wellbeing Support

Residents attended regular GP, dental, and optician appointments, helping to monitor their health, build confidence, and ensure their individual care needs are consistently met



Community Outings

Trips and outdoor activities that encourage engagement and new experiences



Aromatherapy & Relaxation

Residents experienced guided relaxation sessions that encouraged calmness and overall wellbeing.

Animal Therapy

Moments of Companionship

Therapy dog visits across our homes bring calmness, happiness, and meaningful emotional connection, creating comforting and engaging experiences for residents.



Small Paws, Big Happiness

Harley, Bonny, and Stella from across our homes bring happiness and emotional connection to residents.



Joyful Moments

Residents Highlights

Joanne's Bowling Activity

A joyful bowling activity that encouraged engagement, confidence, and meaningful interaction.



Tas' Birthday Celebration

Tas enjoyed a memorable birthday celebration with cake, meals out, and time spent with loved ones.



Wheelchair Yoga

Gentle yoga sessions supported relaxation, flexibility, and overall wellbeing in a safe and inclusive way.



Creativity & Social Connection



Craft & Baking Sensory Activities

A range of craft, baking, and sensory sessions supported creativity, focus, and overall wellbeing.

School Visits & Family Interactions

Residents enjoyed joyful interactions with visiting children and families, creating meaningful connections.



Meaningful Group Interaction

Staff And Care Culture



Our People, Our Strength

Celebrating the dedication, compassion, and commitment of our teams across all homes.



Farewell & Appreciation

A heartfelt farewell celebrating the dedication, teamwork, and positive impact of staff as they move forward in their journey.



Staff Recognition Moments

Mental Wellbeing And Support



Person-Centred Care

Providing tailored support that respects individual needs, preferences, and promotes overall emotional wellbeing.



Communication Support Tools

Using visual aids and supportive methods to help residents express themselves and engage confidently.

Individualised Care Approach

Community & Upcoming Events



Youth Mental Health Event (Feb 2026)

A community event promoting mental wellbeing, creativity, and connection.

Valentine's Day & Pancake Day Celebrations

Festive activities encouraging social interaction, enjoyment, and a sense of togetherness.



Recipe of The Month

Festive Chocolate Yule Log

Ingredients

- ① Eggs
- ② Sugar
- ③ Flour
- ④ Cocoa powder
- ⑤ Vanilla cream
- ⑥ Dark chocolate
- ⑦ Icing sugar



Method

- ① Preheat oven and prepare baking tray.
- ② Whisk eggs and sugar until light and fluffy.
- ③ Fold in dry ingredients and bake for 10–12 minutes.
- ④ Roll sponge and allow to cool.
- ⑤ Spread chocolate cream, roll again, and decorate.

Joyful Moments

Contact & Feedback

Your Voice Matters

Badgers Lodge

Michelle Coote
Registered Manager

badgerslodge@trustcare.co
01702 526027

Cambuslodge

Margo McLaughlin
Manager

cambuslodge@trustcare.co
020 7731 5814

The Star

Heidi Coleman-Seldon
Home Manager

thestar@trustcare.co
07492 051860

Rookhurst Lodge

Fiona Gibbs
Registered Manager

rookhurst@trustcare.co
01424 225 919



Philia Lodge

Heidi Coleman-Seldon
Home Manager

philiialodge@trustcare.co
07492 051860

Chelmsford Care Centre

CCC@trustcare.co
01245 981184

Primrose Hill Nursing Home

Primrosehill@trustcare.co
01902 864627