



DEC
2025



Newsletter

Trusting people who care

Embracing Community, Compassion, And Connection This December.

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Rookhurst Lodge -A Year in Review

April – June:

We kicked off the year with the sunniest April on record! Our summer was filled with garden adventures and community connections.



July – September:

From BBQ gatherings to celebrating local heritage, our "Rookhurst Rockers" embraced every moment of the warmer months.

October – November:

As the leaves changed, we focused on indoor creativity, reflecting on our growth as a family and preparing for the winter magic.

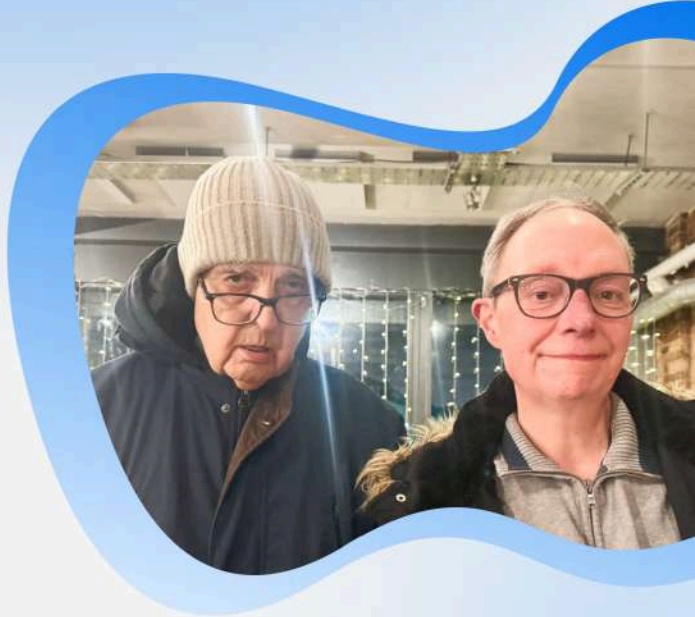
The Journey So Far: Every difficulty has shaped us, and every achievement reflects our shared commitment.



Cambuslodge -Birthdays & Theatre

Celebrating Roy & Terry:

Two very special birthdays! Roy and Terry enjoyed a fantastic meal out filled with laughter, delicious cake, and festive decorations.



A Trip to Remember:

Residents headed out for a magical performance of Jack and the Beanstalk. The atmosphere was buzzing with holiday cheer!

Festive Feasts:

Our Christmas dinners were a triumph of togetherness, with residents sharing stories and smiles over seasonal treats.



Marlborough Lodge - Independence & Milestones

Harry's Big Journey:

After months of hard work, Harry achieved a significant milestone—traveling home independently by train for Christmas! We are so proud of his growing confidence.

Building Habits:

Residents have been focusing on consistent morning routines, showing real determination in building positive daily habits.

Salem's Social Month:

Salem enjoyed a busy month including a trip to see *The Running Man* at the cinema and attending a local pantomime before heading home to stay with family.



Philia Lodge - New Faces & Festive Fun

Welcome, Godsgift (GG):

We are excited to introduce our new Deputy Manager, GG! With over 10 years of experience and a passion for music, he's already a hit—playing saxophone and guitar for our residents.

Employee of the Month:

Congratulations to Eunice Muthoni (HCA), who joined us just two months ago and has already made a huge impact with her warm and professional approach.

The Big Party:

Our Christmas party was the highlight of the month, bringing residents and staff together for music and dancing.



Primrose Hill - Creativity & Giving Back

Handmade Holidays:

Residents enjoyed relaxing arts and crafts sessions, creating beautiful handmade decorations that brought colour and cheer to every corner of the home.



The Christmas Fayre:

A lovely afternoon spent browsing festive stalls and soaking up the atmosphere.

Baking Spirits Bright:

The smell of freshly baked goods filled the home as residents helped prepare delicious festive treats.



The Star - Family Togetherness

Christmas Party Joy:

Our party was truly special this year, filled with family members joining in the celebrations.



A New Chapter:

"May the year ahead bring you joy, peace, and countless moments to cherish."

Shared Meals:

Togetherness was the theme of the day as we shared a traditional Christmas lunch with all the trimmings.

Rookhurst Lodge - December Highlights

Magical Moments:

December at Rookhurst was defined by the quiet beauty of the season and the warmth of our community.

Personal Successes:

We celebrated the moments that challenged us and the successes that lifted us.

Gratitude:

A heartfelt thank you to our Rookhurst family and the birth families who walk alongside us every day.



Recipe of the Month

Vanilla Panna Cotta with Mulled Wine Fruit:

INGREDIENTS

Panna cotta :

- Double cream
- Milk
- Caster sugar
- Vanilla extract or pod
- Gelatine leaves
- Orange liqueur (optional)

Mulled wine fruit :

- Red wine
- Sugar
- Cinnamon stick
- Star anise
- Orange zest
- Mixed seasonal fruit

METHOD

1. Heat cream, milk, sugar, and vanilla until steaming, then stir in softened gelatine and liqueur; pour into moulds and chill until set.
2. Simmer wine, sugar, spices, and orange zest until syrupy, add fruit, and cook briefly until tender.
3. Unmould the panna cottas and spoon over the mulled wine fruit to serve.

Creamy, delicately spiced, and wonderfully festive, this dessert is as delicious as it is elegant.



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