

SEP 2025



# Newsletter

Trusting people who care

Celebrating Everyday Moments,  
Care and Community

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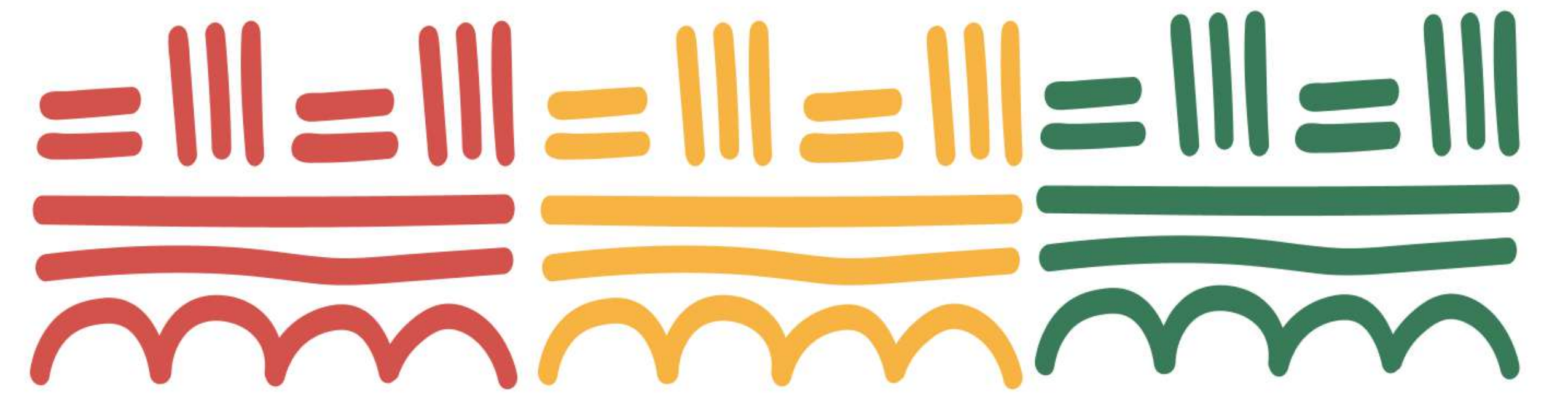
Survey Highlights, Improvement Initiatives, and October Events

## Contact & Feedback

Contact, Feedback and Team Expansion Details



# HIGHLIGHTS OF THE MONTH



Both Badgers Lodge and The Star have enjoyed a month of change, creativity and special moments together.



## Badgers Lodge

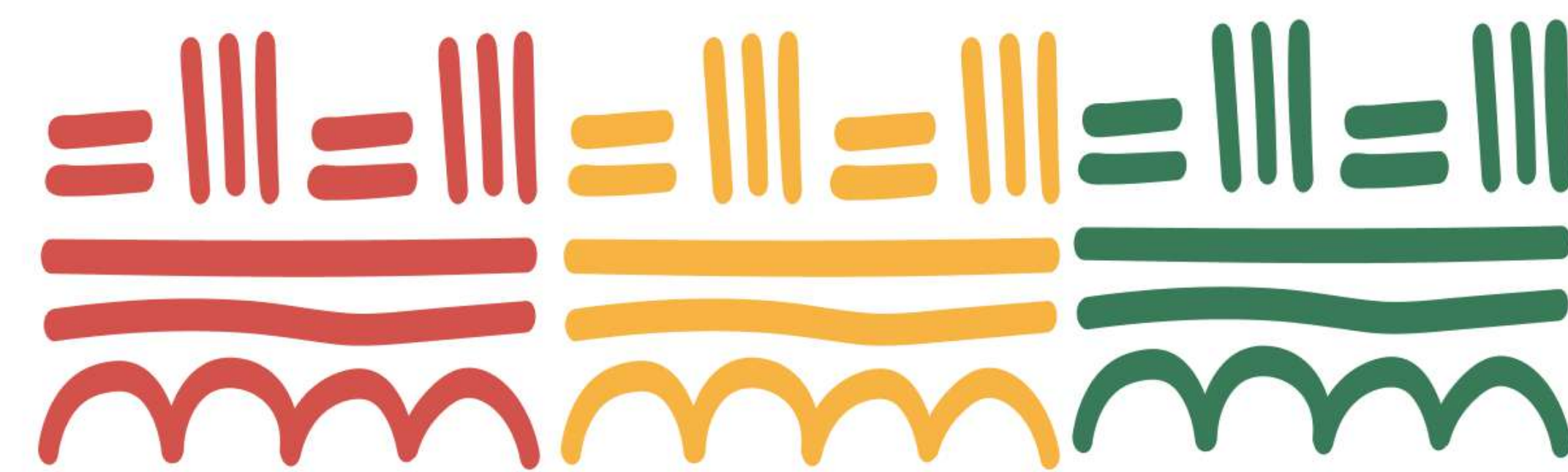
Community drives, baking, puzzles, sensory sessions and visits from Harley the therapy dog have kept days busy and joyful.

## The Star

A refreshed dining room, cosy chats, wine-and-cheese evenings and lively games have helped The Star feel even more like home.



# COSY CREATIONS & MEALTIME MOMENTS



## Puzzles & Blocks

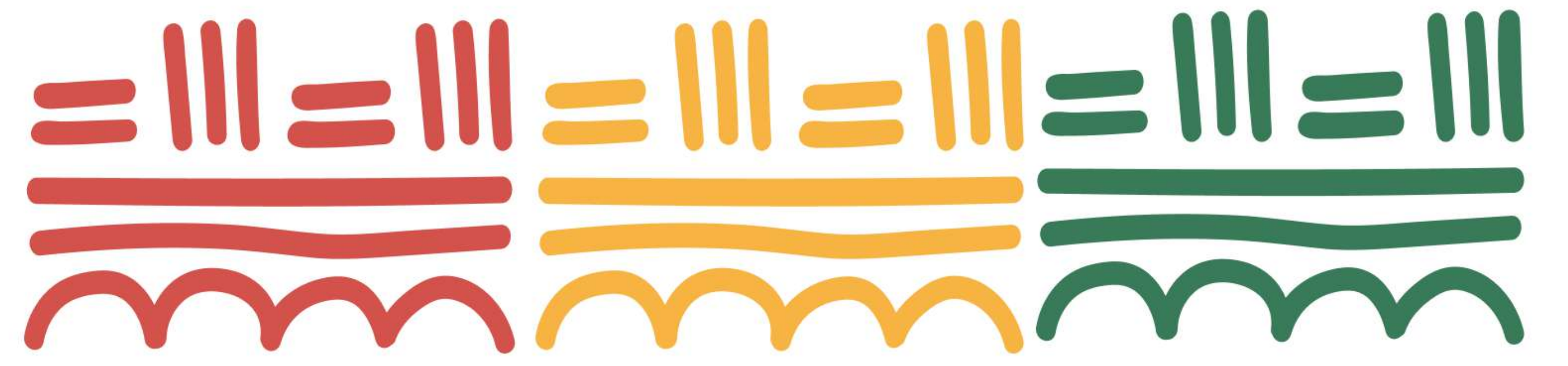
Service users have loved puzzles and building blocks, building focus, problem-solving skills and a strong sense of achievement.



## Fresh Space

Service users are enjoying the new dining room layout, making meals feel brighter, more relaxed and social.

# SENSORY CALM & FURRY FRIENDS



## Sensory Music & Lights (Badgers Lodge)

Soft music and gentle lights have created relaxing spaces that help people unwind and enjoy positive sensory experiences.

## Handy Tac Pac (Badgers Lodge)

Handy Tac Pac sessions have offered soothing touch, textures and rhythm to support comfort and communication.



## Harley & Daisy - Animal Companions (Both Homes)

At Badgers Lodge, Harley the therapy dog brings calm and smiles each week. At The Star, Chris enjoys caring for Daisy, adding routine and companionship to his day.



# CREATIVE CORNERS & GAME TIME



## Painting with Jamie & Vicky (Badgers Lodge)

Painting sessions have given Jamie and Vicky a chance to explore colour, express themselves and enjoy calm creative time.

## Games, Darts & Laughter (The Star)

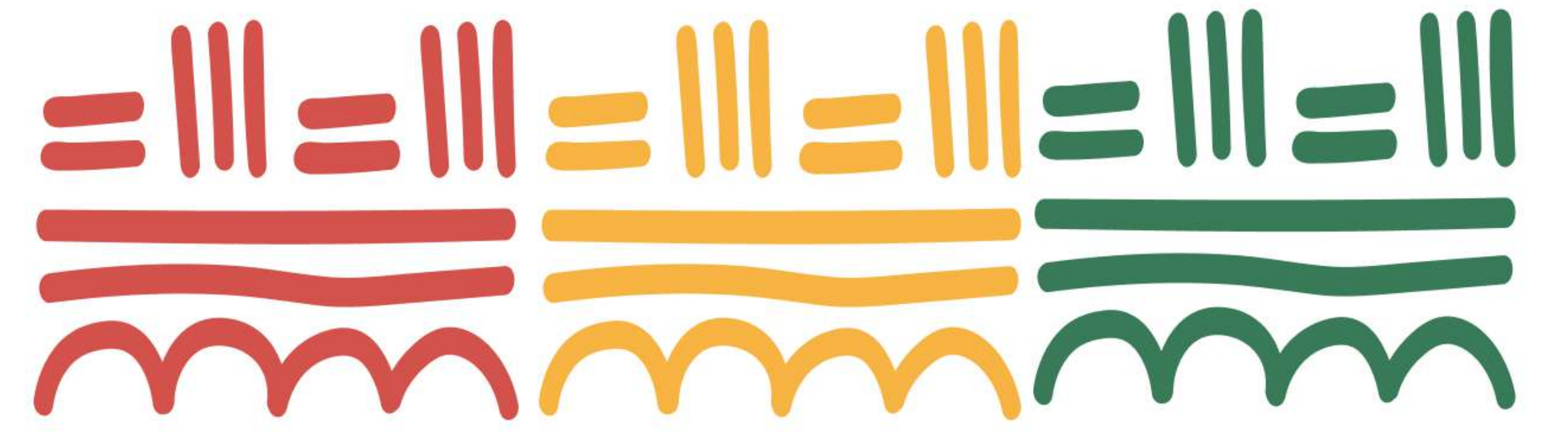
At The Star, games and darts have filled the rooms with energy, friendly competition and plenty of laughter.



## Colouring & Quiet Moments (Both Homes)

Residents and service users in both homes have enjoyed colouring and gentle activities, paired with a warm drink and a chat.

# OUT & ABOUT – LITTLE ADVENTURES



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## Drives & Local Outings

Service users have enjoyed drives and local trips, staying connected to familiar places and enjoying a change of scenery.

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## Vicky & Mel's Days Out

Vicky has had personalised one-to-one outings, while Mel continues to look forward to her weekly visits to the Viking Day Centre.

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## Café Moments & Cocktails

Homemade cocktails, tea, biscuits and relaxed conversation have brought a café-style feel to afternoons at The Star.





# SEASONAL FLAVOURS – RECIPES FROM OUR KITCHENS

## RECIPE – PUMPKIN & SAGE RISOTTO (BADGERS LODGE)

**Key ingredients:** Arborio rice, pumpkin, onion, garlic, stock, Parmesan, butter, fresh sage.

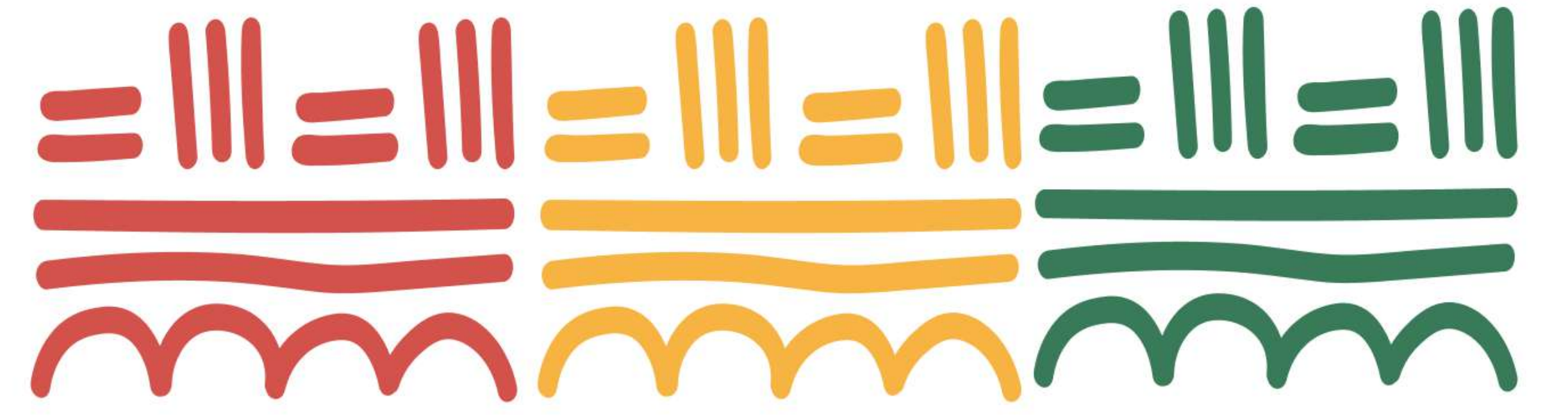
**Simple idea:** Slowly stir hot stock into the rice, then finish with cheese and crispy sage leaves.



## RECIPE – AUBERGINE BAKE (THE STAR)

**Key ingredients:** aubergine slices, tomato sauce, oregano, red wine, ricotta, mozzarella, Parmesan.

**Key ingredients:** Layer grilled aubergine with rich tomato sauce and cheese, then bake until bubbling and golden.



## Happy Birthday, Rosalind (Badgers Lodge)

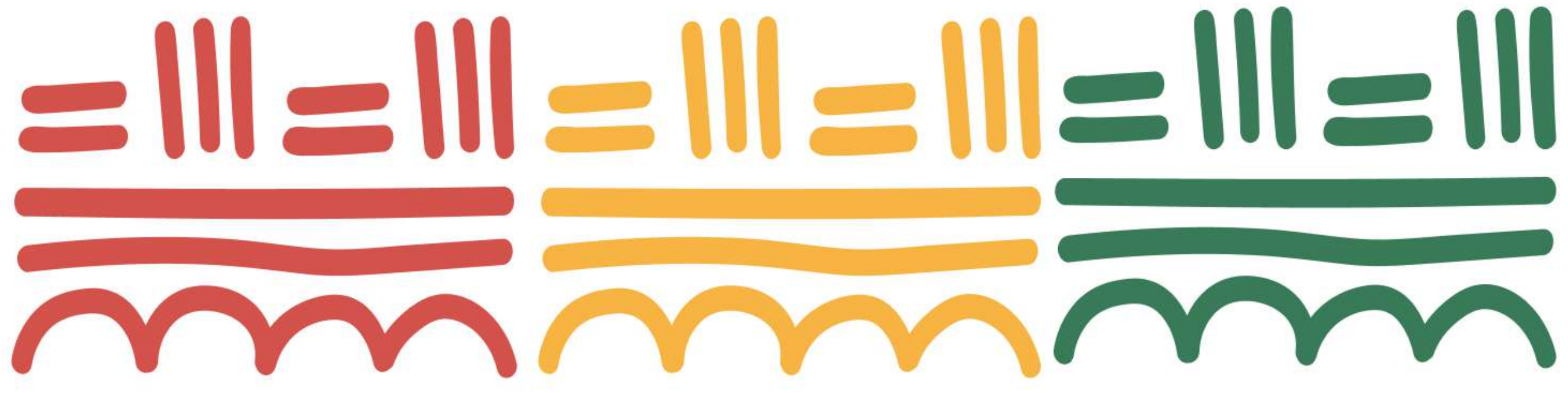
Rosalind celebrated with family, staff, cake and decorations— and also completed all her puzzles this month, which made her very proud.

# LET'S CELEBRATE – BIRTHDAYS & BIG SMILES

## Happy Birthday, George (The Star)

Everyone at The Star joined in to celebrate George's birthday on 26th September with cards, singing and warm wishes.





## MEET THE TEAM – NEW FACES & FRESH ENERGY



### Welcome, Heidi (The Star)

Heidi Coleman-Seldon has joined as Home Manager at The Star (and continues as Registered Manager at Philia Lodge), bringing strong experience and a passion for communication.

### Welcome, Charles (Badgers Lodge)

Badgers Lodge is excited to welcome Charles Aluge to the team—please say hello and help us make him feel at home.





## SURVEYS

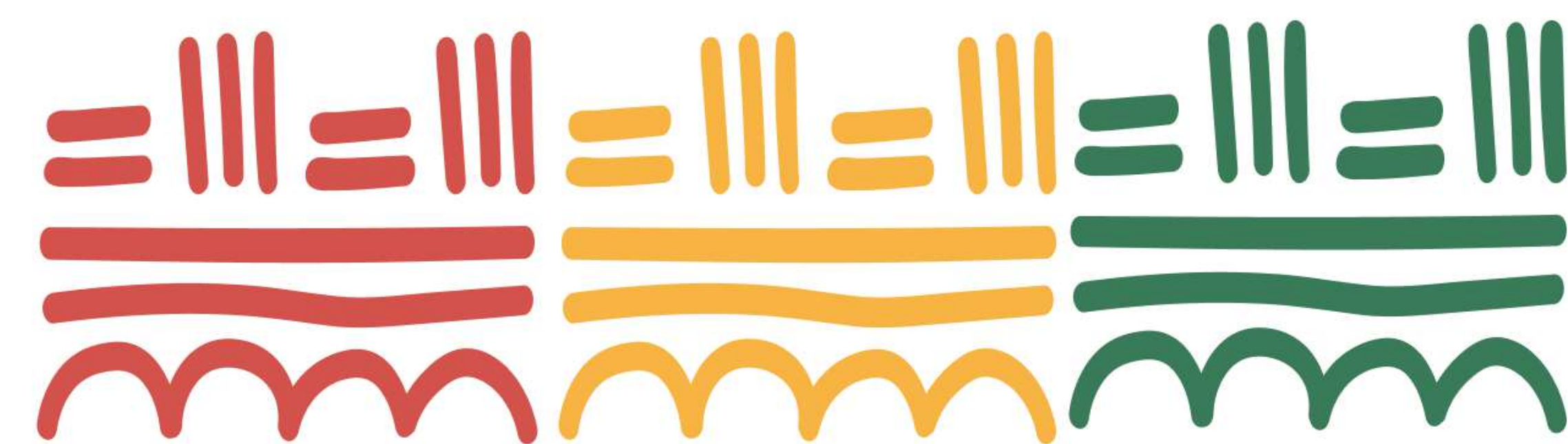
### Survey Highlights (Badgers Lodge)

Families praised warm, caring staff and good hygiene. Some asked for clearer information about complaints, maintenance and updates—work is underway to improve all of these.

### Reviews & Surveys (The Star)

The Star is inviting families and professionals to complete online surveys and leave reviews, helping us celebrate strengths and improve where needed.

# YOUR VOICE MATTERS



## DATES TO REMEMBER

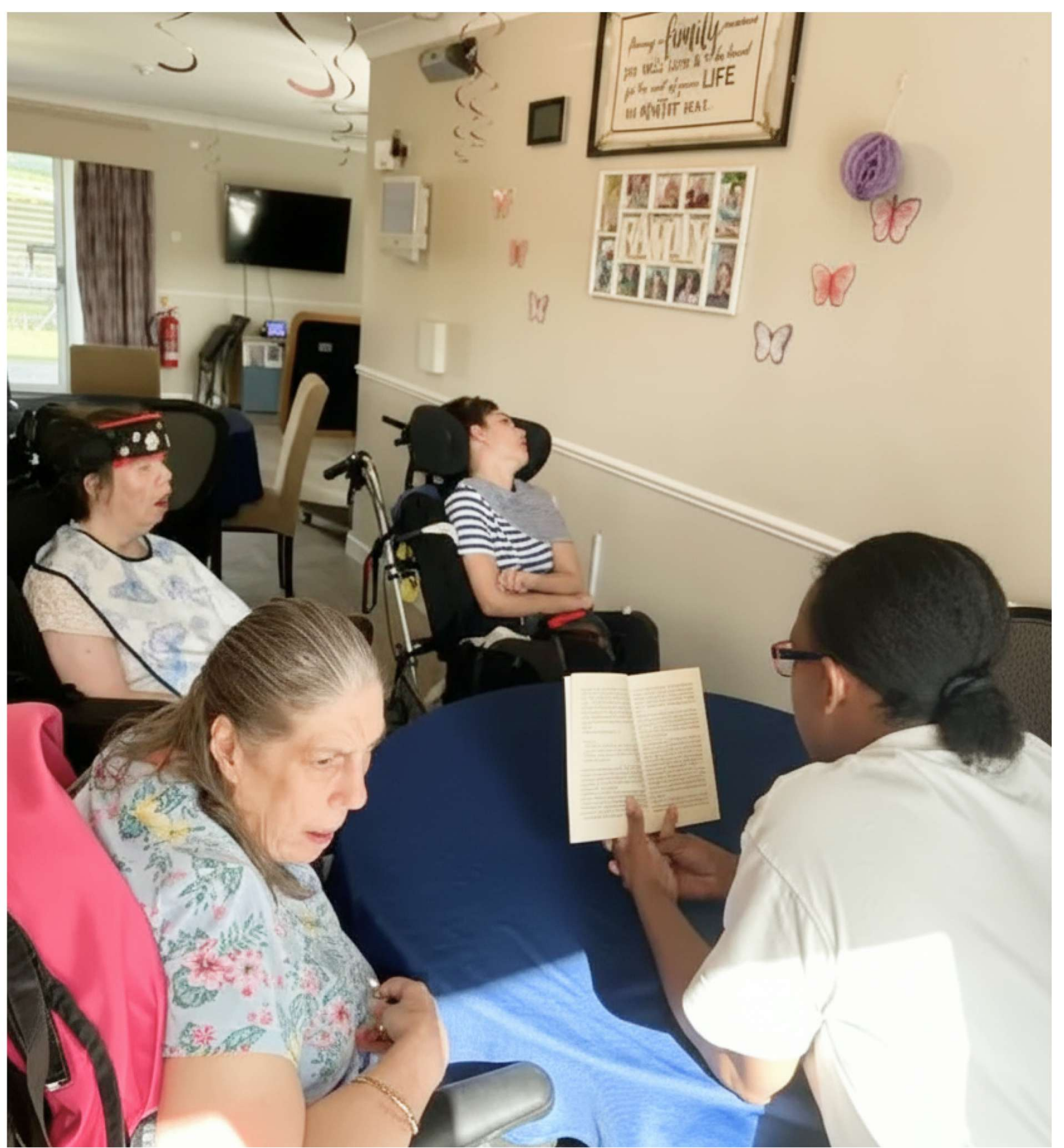
### October Ideas

**Black History Month** – stories, music, themed meals

**International Coffee Day (1 Oct)** – café morning

**National Poetry Day (2 Oct)** – poetry tea party

**World Smile Day (5 Oct)** – sharing jokes and kind gestures



# Contact & Feedback

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## Badgers Lodge

Manager: Michelle Coote  
Phone: 01702 526027  
Email: badgerslodge@trustcare.co

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## The Star

Manager: Heidi Coleman-Seldon  
Phone: 01733 261233  
Email: thestar@trustcare.co

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## We Are Recruiting (The Star / Peterborough)

We're expanding our team in Peterborough,  
with full training and a staff referral bonus.

Call **01733 261233** to find out more.

