

June 2025

Trusting  
people who  
care

Celebrating Connection, Compassion,  
and Community.



# Monthly Newsletter



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# Welcome to June – Message from Jim

Dear Team, Families, and  
Friends,

As we step into June, it brings me great joy to reflect  
on the vibrant experiences and heartfelt moments  
we've shared.

Your continued support and dedication to  
person-centered care are what make Trust Care  
exceptional.

**WELCOME**





# Celebration Spotlight – Aileen’s Birthday



## Happy Birthday Aileen!

Aileen's birthday party was a delightful celebration attended by families, friends, and staff.

The highlight was a grand birthday cake that added sweetness to the day. The celebration was filled with laughter, music, and a beautiful sense of togetherness.







# Activities & Engagement

Our service users had great fun with parachute activities.

These sessions promote movement, teamwork, and sensory engagement, all while bringing joy to participants.







# Interactive And Leisure Time

Brett has been actively enjoying card games and ball-catching activities with our team.

These interactions support coordination and social engagement in a relaxed setting.

Games with  
Brett



Interactive And Fun Time



# Recipe of the Month

## Lemon Garlic Chicken with Roasted Vegetable.

### Ingredients

- ① 4 chicken breasts
- ② 3 garlic cloves
- ③ Juice of 1 lemon
- ④ 2 tbsp olive oil
- ⑤ 1 tsp oregano
- ⑥ Salt & pepper
- ⑦ Baby potatoes, carrots, broccoli

### Instructions

- ① Preheat oven to 200°C.
- ② Mix marinade. Coat chicken and veggies.
- ③ Bake for 25–30 mins.
- ④ Serve warm. Enjoy with family or friends!

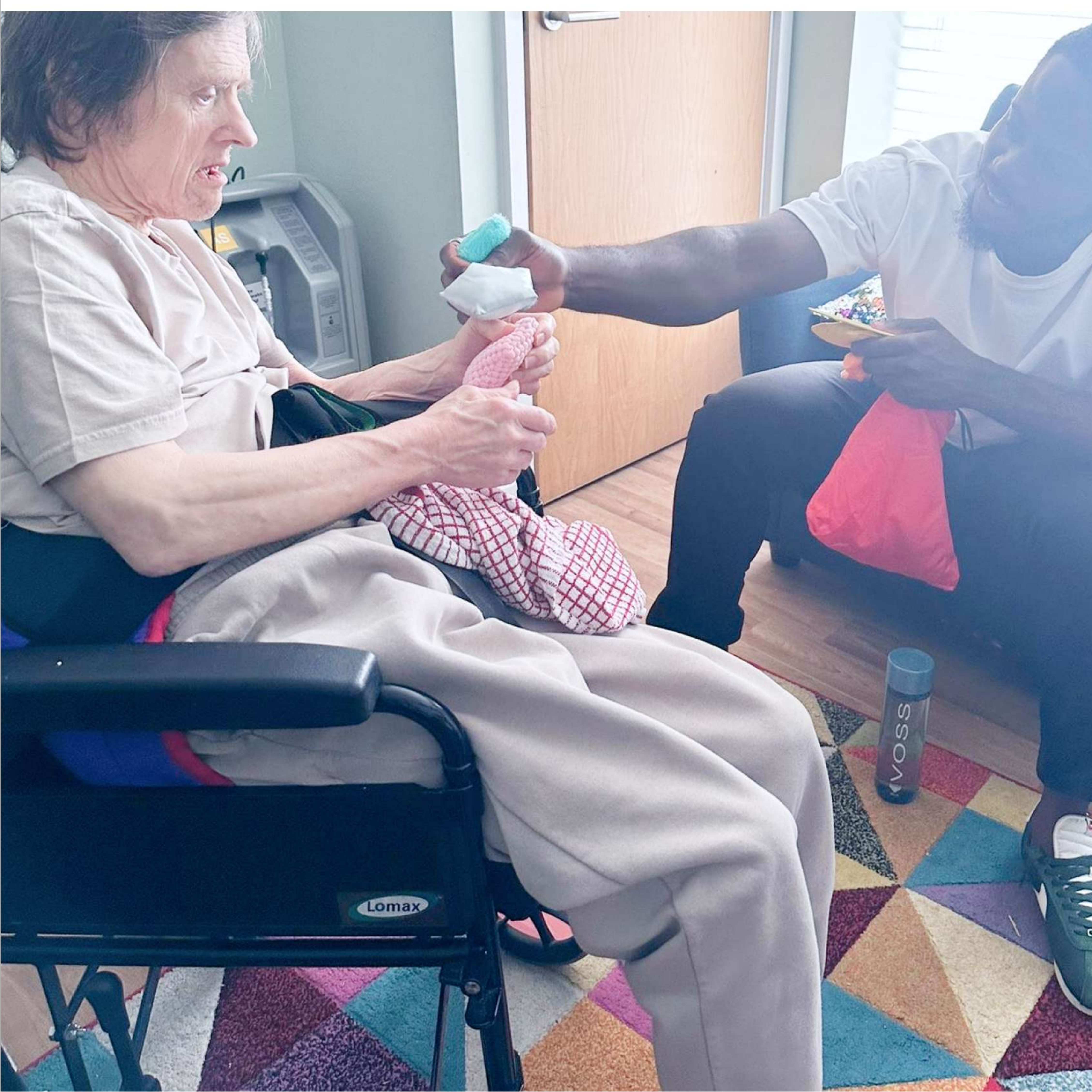




# Community & Connection

## A Special Welcome to Chris!

We embraced the sunny days of June with community outings that allowed service users to enjoy the outdoors and strengthen their bonds with one another and staff.



We're delighted to welcome Chris into our community.

We look forward to creating meaningful memories and sharing this journey together.



# Test Your Knowledge: Quiz Time

Get your brain buzzing with this fun quiz!

- ① When is Independence Day in the USA?
- ② What's celebrated on July 1st in Canada?
- ③ What's special about July 7th?
- ④ Who was Nelson Mandela?
- ⑤ When is World Population Day?
- ⑥ July 18th celebrates what?
- ⑦ What's the symbol of Canada Day?
- ⑧ What food is honoured on World Chocolate Day?
- ⑨ When is the International Day of Friendship?





# Badgers Lodge

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## Community News & Feedback

### Award-Winning Excellence.

Southend-on-Sea City Council’s Public Health team, in collaboration with UKHSA, won the Antibiotic Guardian Shared Learning Award in the Children and Family category!

Their innovative campaign raised awareness about antimicrobial resistance (AMR) using creative educational tools.